

## Learning Program

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Do you know which patient archetype you encounter most frequently in your practice?

Understanding the different patient archetypes living with **type 1 or type 2 diabetes** can help you understand the differences in self-management philosophies and focus on the specific issues hindering an individual's self-care control.

### Learning objectives

- Recognize the different patient archetypes.
- Understand how people living with diabetes respond differently to challenges & barriers.
- Discover practical approaches best suited to help certain patient types overcome their challenges.
- Apply individualized strategies that support engagement & empowerment.

Program developed in consultation with the following Scientific Committee:

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**Start the program!**

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& access exclusive resources.



Podcast available - Type 2 Care