

Welcome to Healthcare Professionals



Discover the engage program



The Accu-Chek **engage** program is an easy to use online program designed to empower people living with diabetes in the daily self-management of their condition.

Based on your recommended treatment plan, the program aims at providing support between appointments, when patients need it.

- > Developed in consultation with Dr. Michael Vallis, a health psychologist and a contributor to the Diabetes Canada Clinical Practice Guidelines.
- > Aligned with Diabetes Canada's Clinical Practice Guidelines on goal setting.
- > Based on behavioural science and motivational interviewing principles.

Webinar on diabetes and self-management:

Diabetes, Self-Management & the Role of Technology



Michael Vallis,
PhD RPsych

WATCH WEBINAR



In this webinar, Dr. Michael Vallis* discusses the role of technology in enabling people living with diabetes to better self-manage their condition.

Demo video of the Accu-Chek engage program:



In this short demo video, you will get an in-depth look at the program and see exactly how it works for a patient, as well as for you and your clinic.

Additional resources:

[Click here](#) to discover everything **engage** can offer your patients living with diabetes.

[Click here](#) to download a useful goal setting pad that you can use with your patients.

For more information on the program or to add your clinic to the program, call our Accu-Chek Customer Care at 1-877-906-8920 or contact your Roche Diabetes Care representative.

* Dr. Vallis was consulted as part of the development of the Accu-Chek **engage** program as he is a leader in the field of health behaviour change, specializing in diabetes.

This site is intended for healthcare professionals only and the content should not be used for promotional use. In the event that you share any of these documents with a patient by email, you confirm that you are in compliance with Canada's Anti-Spam Legislation (CASL) and that you have received the required consent to do so.

Language English